



*Prevention & Medical Care
To Help You Live Better, Longer.*

Medicare Wellness Visit Checklist for your visit and what to expect:

- Check your blood pressure, height, and weight.
- Perform screening tests for depression and alcohol use.
- Review and update your medical history, family history, and surgeries:
 - Please list any changes here:

- Review and update your medication list.
 - Please list any new medications that have been prescribed since your last visit with us:

- Update your health care team:
 - Please list other providers you see here:

- Review your home safety.
 - Please list any concerns you have:

- Identify any vision, hearing, and memory concerns.
- Update your social and family history.
- Review your potential health risks.
- Counseling on risk reduction for certain conditions.
- Discuss your health care proxy and future plans/goals.
- Establish your personalized 5 year preventative screening plan including necessary vaccines and screening tests.